

Merrimack Valley 50+ Active Life October 2025

Columns & Departments

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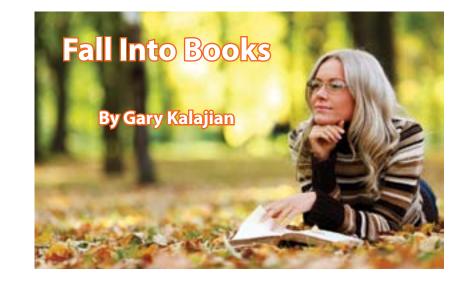
Active Life

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Fall conjures up so many sights and sounds for us New Englanders. We sense the shift in our internal time clocks, literally and figuratively. We are immersed in fall foliage and can visualize and even instantly recall the smell of pumpkin spice coffee and other harvest type foods. Students get serious about going back to school after ending their summer vacations.

I know. I sense a big sigh from many of you already who are reading this column, I'm sure! Although going back to class can be a tedious task, fall can also be an exciting adventure for others. For example, those who are back in the groove of coursework and learning. For book lovers and casual readers, this is also great time to seek out new knowledge whether from school curriculums or from personal reading preferences. A new world awaits you! One that can be tapped just by opening up your mind to the vast array of courses to take or from reading choices. Lo and behold, you might even be swept away by an exciting fiction thriller or something new from a nonfiction topic of interest.

Reading for school or your own personal pleasure can provide some of the greatest opportunities to improve yourself and offer new adventures.

Reading gives you a chance to lose yourself in a true story or be captivated by an adventure novel that has you guessing right up until the end. I have always sensed that as I get close to the end of an exciting fiction story, the last few chapters really speed up until the very end of the book. I find myself captivated in the plot and the words seem to go faster. It's like I'm being taken on a journey and the author has me in his/her clutches. The exciting end cannot come soon enough. That is when you know that you are at the mercy of the author, who has done a great job sustaining your interest. You are hooked! That is the best way for me to describe the excitement that reading can provide for those who may be thinking about renewing their interest in this beneficial pastime.

What is beneficial about reading you may ask? By the way, it's not just physically reading a new novel or non-fiction book. This can also include audiobooks or cd's that you can listen to and enjoy the story as told by the narrator. The narration can be especially useful on long trips in the car or if you want to be read to while working around the house or apartment. You can literally do two things at one time. The benefits of reading books and other forms of the printed or spoken word are many.

You exercise your mind and thinking process. You obviously open yourself up to something new and exciting, whether it be fiction or non-fiction.

Reading can expand your mind in many ways as well. There is the opportunity to learn a new skill or perhaps another language. You might pick up some good ideas about travel and destinations, places that you have been thinking about visiting. The activity of reading provides good ways to stretch your imagination. Reading builds a good vocabulary and it can provide stimulation for the brain and keep you sharp by the process and good practice of regular reading habits. You don't have to be in school to love to read. You can learn new things and go to new and exciting places just by opening a book and exploring.

When you consider all of the benefits of reading, also consider that we are blessed with having many great libraries throughout the Merrimack Valley. These terrific places of learning and possessors of thousands of books, periodicals and e-books also have learned staff who are great at recommending reading ideas. Librarians and library staff can provide many ideas for titles that may encourage readers to try new subjects. They also provide book and periodical

sources for students who have school projects and papers that they need to write and submit. The treasures that are available in our locals Merrimack Valley libraries are bountiful for sure. Take advantage of the resources that are available in each of the community libraries all throughout the Valley. They can open the door to knowledge and satisfy the curious minds of readers new and old!

The famous social reformer, orator, writer and abolitionist, Frederick Douglass said these words. "Once you learn to read, you will be forever free." Douglass definitely left his mark upon the world then and now. He learned to read under the most severe of circumstances that any human being had to endure; being bound by the evils of slavery. During Douglass' slavery bondage, he made it his life's mission to be educated and he became the world's leading orator on slavery and abolitionism in the United States. Learning to read for Douglass set him free in his own mind and propelled him forward in his quest to repudiate slavery in all its forms. Reading opened his mind and allowed him to eventually change the world. What a powerful example to remember when you think about the benefits and power of the written word. This should be incentive enough to open a book and start a wonderful journey.

EMERGENCY PREPAREDNESS MAKE A PLAN BUILD A KIT BE INFORMED

Stay connected when it matters most: 7 simple disaster preparedness tips

(BPT) - Are you prepared in case of a local emergency? From severe storms to wildfires and floods, it's critical that you and your loved ones have the knowledge and resources to weather these and other disasters. This National Preparedness Month, take small steps to prepare your family for big emergencies.

Don't know where to start? T-Mobile knows how important it is for families to stay in touch with each other and reach emergency services. Over the past few years, the mobile provider has added resilience tools like Aldriven network automation, satellite-

powered emergency messaging and priority service for first responders. In addition to these investments in technology and resources to support community connectivity during disasters, T-Mobile offers a few simple steps you can take now to prepare your family for a future emergency.

1. Save local emergency numbers

In a crisis, it's vital that you're able to reach your family and emergency services as quickly as possible. Look up and save important local emergency numbers including police and fire, poison control and state highway patrol in your contacts.

Troy, New Hampshire 03465

1-800-242-6495

www.east-hill-farm.com



2. Enable Wireless Emergency Alerts

Wireless Emergency Alerts (WEA) are public safety messages sent by local, state, tribal and federal Alert Originators to provide critical information and help keep you safe and aware of dangerous weather and other emergencies in the area. Check that alerts are enabled on your phone under the notification settings.

If your phone supports satellite texting, consider adding T-Satellite with Starlink. It lets you send and receive texts (including to 911) and enables location sharing when towers are down almost anywhere in the U.S. if you can see the sky. And anyone with a compatible phone, even if you're not a T-Satellite subscriber, can still receive

3. Conserve phone battery with lowpower mode

If the power goes out during a disaster or weather event, it can be hours to days until it's restored. Turn on Low Power/Battery Saver mode, dim your screen, and limit use to essential calls and texts to stretch your charge.

4. Turn on Wi-Fi Calling

If a cell tower goes down, Wi-Fi Calling lets you place calls and texts over any available Wi-Fi, including home internet and public hotspots. Most providers support it. Look in Settings > Phone (or Connections) > Wi-Fi Calling.

5. Prepare a go-bag

During an evacuation, don't risk forgetting essentials. Stay prepared by packing a go bag with prescriptions and over-the-counter medications, first-aid supplies, a flashlight and batteries, a radio, chargers, printed maps, a jacket and sneakers, copies of key

documents, water and nonperishable

6. Make a family emergency plan

Your family may not all be together when disaster strikes. To be prepared, make a family emergency plan and go over it together. Include a designated meeting point, a list of emergency contacts, a household communication plan and evacuation routes. Keep a printed copy in a sealed bag.

7. Know our community resources

During a disaster, connection and community are critical. Make sure you know where you can find support and check with your city and county for emergency response services.

It takes teamwork to hold communities together during a disaster. That's why T-Mobile deploys community support vehicles with robust Wi-Fi and high-capacity charging to neighborhoods during emergency events. Whether you're a customer or not, you can rely on this service to keep your community connected when it matters most.

Stay connected, stay safe

This month, take these seven small steps that can make a big difference during a disaster. To find more emergency tips and learn about what T-Mobile is doing in communities like yours, visit T-Mobile.com/News/Emergency-Response.

Merrimack Valley Calendar of Events



October

Wednesday, October 1

NEXT CHAPTER BOOK GROUP (IN PERSON)

WEDNESDAY, OCTOBER 1 2:00—3:00 PM Senior Community Center 331 High Street, Newburyport, MA, 01950

Next Chapter Book Group (IN PERSON) The Next Chapter Book Group invites you to join our monthly book discussion on the first Wednesday of the month at 2pm. We will be meeting at the Senior Community Center. This meeting will be held in the Boardroom. Registration is not required, and masks are optional.

Glorious Exploits This month's title is "Glorious Exploits" by Ferdia Lennon.

"On the island of Sicily amid the Peloponnesian War, the Syracusans have figured out what to do with the surviving Athenians who had the gall to invade their city: they've herded the sorry prisoners of war into a rock quarry and left them to rot.

Looking for a way to pass the time, Lampo and Gelon, two unemployed potters with a soft spot for poetry and drink, head down into the quarry to feed the Athenians if, and only if, they can manage a few choice lines from their great playwright Euripides. Before long, the two mates hatch a plan to direct a full-blown production of Medea. After all, you can hate the people but love their art. But as opening night approaches, what started as a lark quickly sets in motion a series of extraordinary events, and our wayward heroes begin to realize that staging a play can be as dangerous as fighting a war, with all sorts of risks to life,

limb, and friendship." --Goodreads

Books are available for request via the library catalog. Click HERE to put a copy on hold. Email programs@newburyportpl. org or call 978-465-4428 x2 if you have any questions, or to have a librarian put the book on hold for you. No Registration Required

WEDNESDAY MORNING BOOK CLUB WEDNESDAY, OCTOBER 11 0:00 AM-12:00 Milhendler Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Wednesday Morning Book Club No Registration Required

> Thursday, October 2 DROP-IN TECH TIME

THURSDAY, OCTOBER 2 2:30—3:30 PM Reference Desk 2nd Floor Newburyport Public Library, 94 State Street, Newburyport, MA, 01950 Drop-in Tech Time

Bring your simple technology questions for a drop in session. We can help with the basics for your phones, laptops, computers, and e-readers. Stop by the 2nd floor reference desk for help.

Please bring your chargers & pertinent usernames & passwords.

Sessions can last up to 30 minutes and will be run with available staff on a first come, first served basis. Contact info@newburvportpl.org or call us at 978-465-4428 x 2 with questions.

No Registration Required

SPANISH CONVERSATION GROUP THURSDAY, OCTOBER 2 5:15—6:15 PM Director's Room Newburyport Public Library, 94 State Street, Newburyport, MA Spanish Conversation Group Join our in-person Spanish Conversation

Group! All levels are welcome! However, it may be best suited for those who have a basic knowledge of Spanish or above. Please note, this is not a class but it can be a great way to practice your Spanish conversational skills and connect with others who have an interest in the language. The group is led by a Spanish-speaking librarian and will meet every other Thursday at 5:15 PM for

Registration is highly requested as space is limited in the Library's Director's Room. Please contact the reference desk if you have any questions!

Friday, October 3

MOVIE MATINEE: THE LIFE OF CHUCK (IN PERSON)

FRIDAY, OCTOBER 3 2:00—4:30 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA Life of Chuck

Join us for our Movie Matinees on Friday afternoons.

This week we will be screening "The Life of Chuck" (2024) starring Tom Hiddleston, Jacob Tremblay, and Benjamin Pajak at 2:00 pm. This movie is rated R. Run time 1 hour 51 minutes.

"A life-affirming, genre-bending story about three chapters in the life of an ordi-

nary man named Charles Krantz." Come and enjoy the theater-like screen and sound system with fellow film buffs. This free event will be held in the Program

Room and all are welcome! *Please note that movie showings are subject to change with short notice. For the most current movie schedule, we recommend checking with the library directly. The Library has assistive listening technology for individuals with reduced ranges of hearing that sends sound directly to a hearing device. Contact the library at 978 465-4428 ext. 2 before the program to learn more about this and other assistive technology options. Come and enjoy the theater-like screen and sound system with fellow film buffs. This free event will be held in the Program Room and all are

No Registration Required

Saturday, October 4 POWOW RIVER POETS READING

(IN-PFRSON) SATURDAY, OCTOBER 4 2:30—4:00 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA Please join the Powow River Poets on October 4, 2025 at 2:30 p.m., in person at

the Newburyport Public Library, for our monthly poetry reading. The invited readers this month are Bill

Coyle and Al Basile. MFrostDelaney is a bean counter by trade, a tree hugger in heart and a recovering

soul, practicing life in New England. A member of the Powow River Poets, her poems appear regularly in Quill & Parchment, have appeared in Ekphrastic Review, and she has been nominated for the Pushcart Prize. She has contributed poetry to HerStory 2021, has been published in Poetry Hall, has poems in the Powow River Poets Anthology II and Extreme Sonnets II, and displayed a poem at New Beginnings -Poetry on Canvas, Peabody Art Association

Poet/playwright, singer/songwriter and cornet player, Al Basile has 20 solo albums (with 8 nominations for Blues Music Awards), four books of poetry, and six verse audio plays (with gold and platinum awards from the HEARnow national audio drama festival). A Powow River poet, he hosts the online show Poems On. Readings from invited poets will be fol-



lowed by an Open Mic. Please sign up at the designated table during the event. The program will also be available on Zoom. Contact powowriverpoetsreadings@gmail.com to receive the Zoom link. No Registration Required

SPANISH CONVERSATION PRACTICE SATURDAY, OCTOBER 4 11:00 AM—12:00 Johnson Auditorium Haverhill Public Library 99 Main Street, Haverhill, MA, 01830

Spanish Conversation Practice flyer. Are you looking to improve your conversational Spanish in a supportive and friendly environment? Join us the 1st and 3rd Saturdays of each month from 11 AM-12 PM. Come practice your Spanish speaking and learn some vocab!

No registration required.

Monday, October 6

DROP-IN TECH TIME MONDAY, OCTOBER 6 2:30—3:30 PM Reference Desk 2nd Floor Newburyport Public Library, 94 State Street,

Newburyport, MA, 01950 Drop-in Tech Time

Bring your simple technology questions for a drop in session. We can help with the basics for your phones, laptops, computers, and e-readers. Stop by the 2nd floor reference desk for help.

Please bring your chargers & pertinent usernames & passwords.

Sessions can last up to 30 minutes and will be run with available staff on a first come, first served basis. Contact info@newburyportpl.org or call us at 978-465-4428 x 2 with questions.

No Registration Required

Wednesday, October 8

THE CIVIL WAR ROUNDTABLE OF THE MERRIMACK

The Civil War Roundtable of the Merrimack will next meet on Wednesday, October 8, at 7:30 PM at the Hilton Senior Center. Salisbury

This month's speaker will be Brad Gottfried and his subject will be

"Lee Invades the North: A Comparison of the Antietam and Gettysburg Campaigns" All are welcome to attend and encouraged to consider becoming members of the Roundtable.

NPL ARTS & CRAFTS SOCIAL (IN PERSON) WEDNESDAY, OCTOBER 8 5:30—7:00 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA Arts and crafts social

Join NPL's monthly Arts & Crafts Social!
We meet on the 2nd Wednesday of every month in the Program Room.
All skill levels are welcome! Please bring

in your own supplies and projects to work
on. The Library will provide coloring pages,
color pencils, and origami. Suggested
projects include knitting and crocheting,
collaging, small-scale painting and/or
drawing.

Adults only. Please call 978-465-4428 x2 with any questions.

No Registration Required

Friday, October 10

MOVIE MATINEE: FLOW (IN PERSON) FRIDAY, OCTOBER 10 2:00—4:30 PM Program Room Newburyport Public Library Newburyport Public Library, 94 State Street, Newburyport, MA, 01950 Flow

Join us for our Movie Matinees on Friday afternoons.

This week we will be screening "Flow" (2024) starring Gints Zilbalodis, Matiss

Kaza, and Ron Dyens at 2:00 pm. This movie is rated PG. Run time 1 hour 25 minutes.

"Cat is a solitary animal, but as its home is devastated by a great flood, he finds refuge on a boat populated by various species, and will have to team up with them despite their differences."

Come and enjoy the theater-like screen and sound system with fellow film buffs.
This free event will be held in the Program Room and all are welcome!

*Please note that movie showings are subject to change with short notice. For the most current movie schedule, we recommend checking with the library directly. The Library has assistive listening technology for individuals with reduced ranges of hearing that sends sound directly to a hearing device. Contact the library at 978 465-4428 ext. 2 before the program to learn more about this and other assistive technology options. Come and enjoy the theater-like screen and sound system with fellow film buffs. This free event will be held in the Program Room and all are welcome!

No Registration Required

Saturday, October 11

SPECIAL COLLECTIONS - SATURDAY HOURS

SATURDAY, OCTOBER 1 12:00—4:00 PM Special Collections Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 West End Branch Library, Railroad Square, Haverhill, 1935

The Special Collections team is happy to continue open hours on one Saturday per month! We are open October 11th, from 2:00 PM to 4:00 PM. Researchers are welcome to drop in during this time without an appointment, though we recommend calling ahead if you are traveling a distance to visit. Please join us and get a little re-

search done on the weekend! No Registration Required

Tuesday, October 14

CIRCULO DE LECTORES (HYBRID)
TUESDAY, OCTOBER 14 3:00—4:00 PM
Program Room Newburyport Public Library, 94 State Street, Newburyport, MA
Circulo de Lectores (HYBRID)
¡Puede asistir a esta reunión por Zoom o en persona!

¿Le gusta leer libros en español? ¡La biblioteca lo invita a participar en nuestro grupo de lectura para adultos! Leemos libros clásicos así también como libros recientemente publicados con una longitud de promedio de 250 a 350 páginas. Platicamos sobre la trama de la historia, los personajes, y su experiencia leyendo el libro. Los libros y platicas son en español.

El libro que estaremos discutiendo este mes es el libro "El secreto del bambú : una fábula" por Ismael Cala.

bambu

"La historia se desarrolla en una remota villa de la amazonia suramericana donde el bambú está presente en todo, el jefe de la comunidad, Huascar era un maestro ya anciano que luego de recorrer el mundo vivía en medio de la selva porque así lo había decidido. Tenía tres hijos, dos varones y una niña de apenas 14 años. Huascar les deja un legado como recuerdo en el que había estado trabajando en su taller por

años en secreto y nadie lo ha visto. Todos reciben fabulosos regalos pero la hija menor recibe el regalo en el cual Huascar puso más empeño y que trascenderá en la vida de la pequeña y las de todas las personas en su comunidad. Un mensaje que nos recuerda que lo que más importa en la vida no es precisamente lo que aparenta ser lo más preciado o exótico, sino lo

que más nos sirve."
Regístrese abajo o llamando al 978-465-4428 x2. Enviamos un enlace por correo electrónico a los participantes virtuales.
Si tiene alguna pregunta, no recibe un enlace, o para poner un libro en espera envié un correo electrónico a info@newburyportpl.org o llame al 978-465-4428 x2.

Do you enjoy reading in Spanish?
We invite you to join our adult Spanish language book group! This is best suited for those who feel comfortable reading and speaking in Spanish. Please contact the reference desk if you have any questions!

CLASSIC MATINEES: CLASSIC 70S HORROR TUESDAY, OCTOBER 14 10:00 AM—12:15 Johnson Auditorium Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Join us in watching some of the best horror films of the 1970s. Today we watch The Omen starring Gregory Peck and Lee Remick, Rated R.

No Registration Required

Wednesday, October 15

FIBER ARTS GROUP
WEDNESDAY, OCTOBER 15 6:30—8:00 PM
Milhendler Room Haverhill Public Library
99 Main Street, Haverhill, MA, 01830
Fibor Arts Group

Fiber Arts Group
Calling all fiber artists! Bring your current project(s) of knitting, crocheting, hand stitching, hand quilting, and embroidery, or whatever else, to work on in the company of other fiber arts enthusiasts! Instruction is not offered at this event but fellow attendees are always happy to offer advice when they can.

No registration needed. Drop in at any point during the 90-minute block! No Registration Required

Friday, October 17

ADULT CRAFT: MAKE YOUR OWN NEEDLE FELT JACK-O'-LANTERN! FRIDAY, OCTOBER 17 2:00—3:00 PM Milhendler Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 An illustration of a smiling jack-o'-lantern against a black background. Make a needle felt jack-o'-lantern with HPL

There will be two sessions of this program, one on 10/17, and the other on 10/25.
Please only register for one session.
This program is for adults.

Registration for this event opens Wednesday, October 1 at 9:00 AM.

Tuesday, October 21

CLASSIC MATINEES: CLASSIC 70S HORROR TUESDAY, OCTOBER 2110:00 AM—12:15 Johnson Auditorium Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Join us in watching some of the best horror films of the 1970s. Today we watch Alien starring Sigourney Weaver and Tom Skerritt, Rated R.

No Registration Required

Tuesday, October 28

JUST THE FACTS - NONFICTION BOOK GROUP (VIRTUAL)

TUESDAY, OCTOBER 28 5:00—6:00 PM Virtual Program Newburyport Public Library, 94 State Street, Newburyport, MA Just the Facts - Nonfiction Book Group (VIRTUAL)

Join us for NPL's Just the Facts Book Group! This group selects and discusses nonfiction books. All are welcome.

PLEASE NOTE, THIS MEETING IS VIRTUAL.
This event will be held on Zoom. Register online by clicking here or by calling
978-465-4428 x 2. A link will be emailed to participants automatically. If you do not receive a link, please email info@newbury-portpl.org or call 978-465-4428 x 2.

This month's pick is Rough Sleepers by

Tracy Kidder.

When he graduated from Harvard Medical School, Jim O'Connell was asked by the medical school Dean to spend one year setting up a program to care for the homeless population in Boston. It became Jim O'Connell's life calling, to help people known as "rough sleepers." For the past three decades, Dr. O'Connell has run the Boston Healthcare for the Homeless Program, which he helped to create. Affiliated with Massachusetts General Hospital, the program includes clinics and a van on which Dr O'Connell and his staff ride through the Boston streets at night, offering outreach of medical care, socks, soup, and friendship to a marginalized community.

(Description summarized from catalog record.)

Please register online by clicking on the link above or by calling 978-465-4428 x 2.

Wednesday, October 29

A BEGINNER'S GUIDE TO CEMETERY SLEUTHING

WEDNESDAY, OCTOBER 29 6:00—7:00 PM Milhendler Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 A Beginner's Guide to Cemetery Sleuthing flyer.

Your local cemetery is a time capsule. Each headstone is plastered with clues about the deceased, those who once walked where you're walking now. A simple step through the hallowed gates can bring you on an adventure to explore symbolism, workmanship, and local history. Join Erin E. Moulton as we learn the meaning behind cemetery iconography, abbreviations, epitaphs and more. Erin's latest book, The Beginner's Guide to Cemetery Sleuthing: Scavenger Hunt and Workbook will be available for purchase at the end of this program.

About Erin

Erin E. Moulton writes books and tracks dead people.

As a genealogical researcher, she has explored the lives of the departed for over 14 years. Erin is a member of the Association of Professional Genealogists, the New Hampshire Historical Society, and the New Hampshire Society of Genealogists. She holds a B.A. from Emerson College, an M.F.A. from the Vermont College of Fine Arts, and a Certificate in Genealogical Research from Boston University. She is an award-winning author of middle grade and young adult books. When she isn't tracking down just the right word or just the right clue, she can be spotted sleuthing New England's burying places. You can find her online at erinemoulton.com.

Registration for this event opens Wednesday, October 1 at 9:00 AM.

Thursday, October 30

GAME NIGHT

THURSDAY, OCTOBER 30 5:30—8:30 PM Johnson Auditorium Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Game Night

Join us Thursdays for a night of board games at Haverhill Public Library! Strategy games, abstract games, filler games, complex and non complex alike, come and try out whatever you like. Feel free to bring your own games! All experience levels are welcome.

No Registration Required

Friday, October 31

MOVIE MATINEE: HOCUS POCUS
(IN PERSON)

FRIDAY, OCTOBER 31 2:00—4:30 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA Hocus Pocus

Join us for a special Halloween Movie Matinee Showing.

This week we will be screening "Hocus Pocus" (1993) starring Bette Midler, Sarah Jessica Parker, and Kathy Najimy at 2:00 pm. This movie is rated PG.

Run time 1 hour 36 minutes.

"A teenage boy named Max and his little sister move to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th

Come and enjoy the theater-like screen and sound system while snacking on some Halloween themed treats with fellow film buffs. This free event will be held in the

century."

Program Room and all are welcome!
*Please note that movie showings are subject to change with short notice. For the most current movie schedule, we recommend checking with the library directly.
The Library has assistive listening technology for individuals with reduced ranges of hearing that sends sound directly to a hearing device. Contact the library at 978

465-4428 ext. 2 before the program to learn more about this and other assistive technology options. Come and enjoy the theater-like screen and sound system with fellow film buffs. This free event will be held in the Program Room and all are welcome!

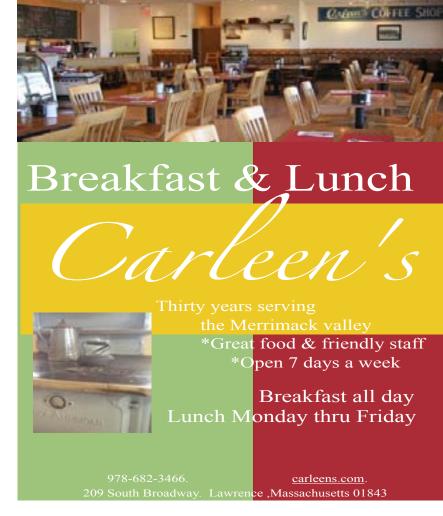
No Registration Required

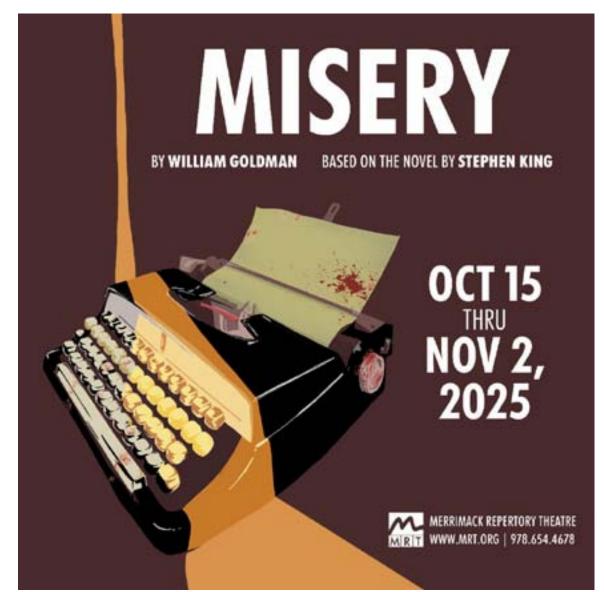
FRIDAY FLICKS
FRIDAY, OCTOBER 31 10:00—11:45 AM
Johnson Auditorium Haverhill Public Library 99 Main Street, Haverhill, MA, 01830
Annabelle movie poster.

This October, join us for some scary movies from the 2010s! Today we watch Annabelle (2014). Rated R.

No Registration Required

Please send any events you would like considered for the Calendar of Events to Editor@merrimackvalleyactivelife.com





METHUEN MEMORIAL MUSIC HALL Upcoming Performances

Friday, October 3 at 7:30 pm Jazz at Methuen Rob Flax's Boom Chick Trio

Saturday, October 4 10:00 am - 2:00 pm Open Console Day 15 minute slots available for organists and pianists Contact info@mmmh.org

Sunday, October 5 at 3:00 pm Piano at Methuen Laura Kargul, piano and Callie Brennan, violin

Monday, October 13 at 2:00 pm
Barbara Owen Memorial Concert and Reception
Honoring this North Shore organist, organ builder, historian, consultant, author, and music editor
Organists Mark Dwyer, Katelyn Emerson, and Davide von Behren
Free and Open to the Public

Sunday, October 19 at 3:00 pm Fall Scholarship Fund Concert Paul Fey Reserved Seating: \$15 - \$35

Saturday, October 25 at 10:00 am
Bilingual Storytime at MMMH
In conjunction with Nevins Memorial Library and Greater Lawrence
Community Action Council
Leonardo Ciampa, organist
Free event

Sunday, October 26 at 3:00 pm
Unexpected Songs: A Miscast Cabaret
Local performers performing songs they've always wished to have
sung but for which they would not have been cast

Sunday, November 2 at 3:00 pm New England Irish Harp Orchestra Samhain celebration

Details and tickets available at http://www.mmmh.org

Tickets for A Merry Music Hall Christmas go on sale October 1

THE NEW MOON COFFEEHOUSE

Universalist Unitarian Church 16 Ashland St. (rtes 110 and 125) Haverhill MA. 01830 (617) 327-0542

AMY GALLATIN AND STILLWATERS

Amy Gallatin and Stillwaters bring beautiful bluegrass infused music to the New Moon Coffeehouse on Saturday October 18th at 7:30pm. The coffeehouse is in the Universalist Unitarian Church, 16 Ashland St, Haverhill MA. Admission to the show is \$25; \$10 for those aged 21 and under.

The band blends the powerhouse vocals of Amy, harmonized with the smooth baritone of guitarist Roger Williams, his son JD, and bassist Bob Dick. Together, the band plays folk, bluegrass and swing style music delivered with verve and virtuosity. Instrumentation includes dobro, steel guitar, fiddle, bass, and mandolin. Their repertoire reflects old and contemporary tunes and the influence of greats like Emmylou Harris, the Everly Brothers, and Loretta Lynn.

Reserve tickets for the show on the New Moon website; www. newmooncoffeehouse.org. Tickets are available on show day at the door, cash only. The box office opens around 6:30pm; doors open at 7:00pm. Please bring cash with you to pay for gate tickets and extras, like desserts and musician products.

The New Moon Coffeehouse is a nonprofit, an all-volunteer organization dedicated to supporting and enjoying the creative talents of acoustic performers. We strive to bring you the best performers in a relaxing, friendly, smoke and alcohol-free environment, where you can enjoy a great show, and awesome desserts.

The listening room is handicap accessible. And there is plenty of free parking around the church. Before the show, and during the intermission, delicious homemade desserts and hot and cold non-alcoholic beverages are for sale. Audience members also can buy merchandise from the artists and usually meet them in person. For more info, go to the NM website or call 617-327-0542. Do not call the church.